RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT

Voluntary Assumption of all Risks

I, the undersigned, hereby voluntarily undertake to assume all risks in any way connected with or arising from my participation in the activity of Aikido-Jujitsu-Judo-Karate (hereinafter referred to as "subject activity"), whether such risks are known to me or not. I am aware that the subject activity is a hazardous physical activity the participation in which involves the risk of sustaining bodily injury or death. I am voluntarily participating in the subject activity with knowledge that dangers are involved. I hereby voluntarily agree to accept and assume any and all of the risks of sustaining bodily injury and/or death in any way connected with or arising from my participation in the subject activity.

This assumption of risk agreement constitutes my express consent to exempt and relieve Tim Delgman, Douglas Haight, and Sean Jugler, ZEN DO JU-JITSU, ZEN BUDO KAI (AKI-JUJITSU-JUDO-KARATE), its agents, employees, heirs, successors, executors, administrators, attorneys and all other affiliated persons, associations, firms, and corporations, (hereinafter referred to as "RELEASEE") of any obligation of conduct toward me and constitutes my express consent to take my chances of injury/death from risks arising from participation in the *subject activity*. The result of my express assumption of these risks is that RELEASEE has/have no legal duty to me, and being under no duty, cannot be charged with negligence. It is my intent to exempt RELEASEE from any liability to myself, my heirs, representatives, successors or assigns for RELEASEE's negligence in any way connected with or arising from my participation in the *subject activity*.

I assume full responsibility for the risk of bodily injury and death due to the negligence of RELEASEE in any way connected with or arising from my participation in the *subject activity*.

Release of Liability

In consideration for being permitted by RELEASEE to participate in the *subject activity* and/or to use RELEASEE'S facilities, I hereby forever release and discharge RELEASEE from any and all bodily injury/death claims, demands, liens, liability, actions or causes of action, known or unknown, existing or which may hereinafter exist, in any way connected with or arising from my participation in the *subject activity* resulting from the negligence of RELEASEE.

This is a full and final release applying to all present and future unknown and unanticipated injuries, consequential damages, or other damages which might arise out of my participation in the *subject activity*, and I understand and waive all rights or benefits which I now have or may have in the future under the terms of California CIVIL CODE Section 1542, or any successor statute thereto, which section reads as follows:

"A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him, must have materially affect his settlement with the debtor."

Knowing and Voluntary Execution

I acknowledge that I had an opportunity to ask questions concerning the meaning and legal effect of this agreement before signing it. I acknowledge that I had an opportunity to ask questions concerning the meaning and legal effect of this agreement before engaging in the *subject activity*. I acknowledge that I have the opportunity to decline to participate in the *subject activity* until any questions that I might have concerning the meaning or legal effect of this agreement are answered. I have carefully read this agreement fully understand its contents. I am aware that this is a release of liability, voluntary assumption of risk, and a contract between myself, Tim Delgman, Douglas Haight, and Sean Jugler, ZEN DO JU-JITSU, ZEN BUDO KAI (AIKI-JUJITSU-JUDO-KARATE) its agents, employees, heirs, successors, executors, administrators, attorneys and all other affiliated persons, associations, firms, and corporations, ("RELEASEE") and I sign it of my own free will.

Signature:	Print Name:
If participant is a minor: (Parent must sign)	
Signature:	Print Name:
DATE:	